



PSHE Round-Up

Spring Term



Events and important dates:

Children's Mental Health Awareness Week—3rd of February.

The children will continue to gain awareness of their own mental health. The theme is Know Yourself, Grow Yourself. If you would like information about supporting your child, there are lots of useful resources on our school website.

School Council organised sponsored obstacle run.

This year we are bringing an Easter twist to our School Council's sponsored event! In conjunction with Friends of Spring Gardens the children will be hoping with excitement when they find out what it is! Keep your eyes peeled for more information or ask your class school council representative.

School Council

The children have had several meetings now. They have been tasked with discussing how we can improve playtimes, reviewed our school behaviour policy and met North Tyneside's Young Mayor. Their next meeting is Monday 10th February.



We are excited to have Rachel Hibbard from The Dog's Trust to lead several workshops across school. She will be working with children in Year 1—6 over several days in March. The workshops will focus on safe interactions with dogs and treating dogs with care.



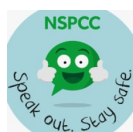
Friendship Friday

School buddies are enjoying taking on some responsibility during our Friendship Friday celebrations.



NSPCC Assemblies

On Tuesday 11th March both KS1 & KS2 children will watch a video during assembly which has been provided by NSPCC.



Don't forget to use your
five star breathing hand!



Ask your child to show you their
5 star breathing hand.

Mrs Chambers

PSHE and School Council Lead